



2.0 - Sunshine Ski Clubs Code of Conduct

Athletes:

As an athlete of the Sunshine Alpine Racers, I agree to:

- Treat coaches, other athletes, race officials, hotel or ski area staff, parents, and all other individuals with courtesy and respect.
- Observe and obey the Skiers Responsibility Code and Ski Area Rules
- Respect team rules including curfew and room/wax room tidiness when travelling with team, as well as honor policies which may be developed by the Board of Directors or Coaches through the season.
- Not use or possess tobacco, alcohol, marijuana, illegal substances as well as use or possess performing enhancing drugs which are listed as banned substances by Alpine Canada and/or the Canadian Centre for Ethics in Sport
- Respect all competition rules and the principles of Fair Play and Sportsmanship
- Take responsibility for wearing of protective equipment, and to ask a coach concerning any questions about proper use or when equipment should be worn.
- Maintain and take responsibility for my equipment, and to notify coaches with any questions concerning equipment. This includes maintaining properly tuned skis for training and races.
- Participate and commit fully to the training and racing plan as designed by the coaching staff, and give 100% to the achievement of this plan.
- Represent my club with dignity and integrity as reflected by appearance, attitude, and actions.

Unacceptable athlete behavior also includes, but is not limited to:

- Repeated failure to participate in the program as designed for the athlete.
- Blatant disrespect for other people and property (athletes, coaches, officials, sponsors, equipment, ski areas etc.).
- Willful damage to property or malicious behavior towards others
- Behavior or actions that are unsafe for themselves or others.
- Blatant use of foul language.
- Bullying
- Stealing



Parents:

As a parent of a Sunshine Alpine Racer athlete, I will follow the Policies and Procedures of the Club and agree to:

- Look out for my child's best interest as they enter, participate and exit the program
- Monitor my expectations of my child's performance and progress
- Teach my child to accept their outcome with good sportsmanship, regardless of the outcome taking victory with humility and grace, and a disappointing performance as a chance to learn and improve.
- Ensure my child is on time to training and races.
- Ensure my child's account (program fees and race account) remains current
- Demonstrate respectful and courteous behavior to coaches, professional staff, the Board of Directors, and other parents and athletes, refraining from making negative comments or use of profane language.
- Show support and encouragement to all athletes.
- Share safety concerns with a coach in a timely fashion.
- Inform the coaches of any medical condition of my child and actions required
- Support the coaches' decision and employ the 24-hour rule when discussing concerns or issues with the coach
- Address unresolved concerns with the Program Director, and if unresolved, the Board of Directors.
- Volunteer at races, casinos and other organized club events as required to support the club.

Coaches:

As a coach of a Sunshine Alpine Racer athletes, I agree to:

- Maintain membership of CSCF in good standing
- Have in my immediate possession emergency phone numbers and letters of medical permission (Emergency Consent Form)
- Inspect facilities and equipment before training sessions and competition, and to take necessary steps to correct deficiencies
- Withdraw athletes from any activity that they believe poses unreasonable risks, including training and competition
- Remove an athlete from training or competition if they believe the athlete is at risk of injury
- Obide by the Concussion Policy as provided by Alberta Alpine



- Treat all athletes in the program fairly and equally, with the goal of having each athlete achieve to their full ability.
- Follow club policies as published on the clubs website, and which are occasionally updated, revised and amended.
- Represent the club with dignity and integrity as reflected by appearance, attitude, and actions.

Disciplinary Action:

Athletes or members who behave in an unacceptable manner may be subject to disciplinary action by the Coaches and/or the disciplinary committee.

Minor Infraction

A minor infraction is defined as one that has limited impact on the athlete, other athletes or individuals and/or the program as a whole. Examples of minor infractions include inappropriate use of language, failure to participate in the designed program, unacceptable conduct.

Minor infractions by athletes may result in withdrawal of training or racing privileges for a short period of time (e.g., 1-2 days). Repeated minor infractions may result in withdrawal of training or racing privileges for a longer period of time. (e.g., 1-2 weeks).

The coaching staff is responsible for administering disciplinary action for athlete's minor infractions. Coaches are required to inform parents and the Disciplinary Committee on these issues immediately.

Minor infractions by parents will be addressed by a committee led by a designated Board Member (typically the President)

Major Infraction

A major Infraction is defined as one that has serious impact on the athlete, other athletes or individuals, and/or the program as a whole. An example of a major infraction is the use, encouraging the use or distribution of drugs or alcohol.

Major infractions may result in dismissal from the Sunshine Ski Club (SSC) Program and/or Club. The Disciplinary Committee usually consists of the President and other members deemed appropriate, with input from the coaching staff and Program Director in the case of infraction by an athlete, and is responsible for administering disciplinary action for major infractions.

Appeal

For minor infractions, appeal may be made to the Disciplinary Committee.

For major infractions, appeal may be made to an independent group of people not already on the Disciplinary Committee. This group will be comprised of:

- One SSC Board member selected by the Board



- Two individuals not connected with the SSC Board & agreed upon by the Board.

There will be no refund of program fees for time missed resulting from a disciplinary action of any kind.

I(we) have read, understand and agree to the contents of this four (4) page document. I(we) have reviewed the same with our athlete and have also reviewed the Alberta Alpine Athlete Code of Conduct with my(our) athlete(s).

Signed this _____ day of _____, 20_____

Name:

Name:

Signature:

Signature:

This document must be signed by both parents or primary guardian for your athlete to participate in program activities, including Races.